

DECLINE BENCH

FSW204

KOMPAN!
Let's play



Item no. FSW20400-0901

General Product Information

Dimensions LxWxH	153 x 88 x 81 cm
Age Group	13+
Capacity	1 adult
Colour Options	 



The decline bench, similar to the straight bench, is perfect for training the core with lower back and ab exercises such as leg lifts and sit ups. The bench has a 15° decline, increasing the difficulty level of the exercises, making you work out harder. The durable Ekogrip® surfacing offers perfect grip, allowing the bench to be used as a jump box for performing various

step and jump exercises under all weather conditions.

